

# School of Psychotherapy

## BA (Hons) in Psychotherapeutic Studies. (Level 8)

This course focuses on learning about what motivates people and provides a foundation in the knowledge that underpins psychotherapy.

### Course Details

**Course start date:**

September 2009

**Course duration:**

3 Years evening time

3 Years evening time

**Awarding body:**

HETAC

### Applications

Please apply directly to the College.

### Entry Requirements

To be admitted to the BA in Psychotherapeutic Studies programme, students must be over 23. Applicants will be required to submit a personal statement and to attend for interview.

### Contact Details

The Admissions Office

Independent Colleges

60–63 Dawson Street, Dublin 2

Tel: +353 1 672 5058

admissions@independentcolleges.ie

www.independentcolleges.ie



### Course Description

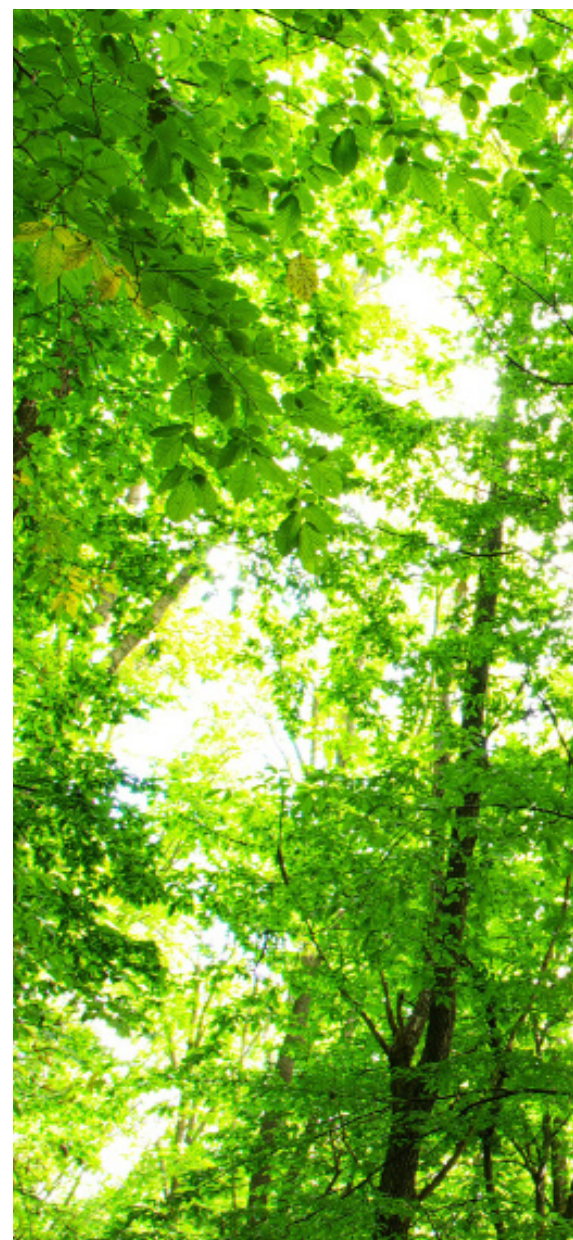
The BA in Psychotherapeutic Studies is a three-year programme that offers an insight into the theory, practice and history of psychotherapy, along with a thorough grounding in the philosophy of the mind. The course is primarily informed by psychoanalysis. Each year of the programme is divided into three main streams – Psychoanalysis, Psychotherapy, and Philosophy. This course provides an excellent foundation in psychotherapeutic and psychoanalytic theory, an understanding of psychotherapeutic practice, and a firm grounding in the philosophy of the self and of the mind.

Students are required to attend lectures each week over a 24 week academic year. These lectures are supported by review material which will be discussed both during the lectures and in smaller tutorial groups

### Who is this course for?

This course will be of particular interest to those who are intrigued by questions about how the mind works. The aim of the course is to provide a foundation in the knowledge and understanding that underpins psychotherapy. The course focuses on learning about what motivates people and how and why people's interests and motivations sometimes veer away from the norm and can lead them into difficulties. Successful completion of the BA

programme will allow the student to progress onto the clinical MA in Psychoanalytic Psychotherapy.



At Independent Colleges we provide a full range of training programmes in Psychotherapy, from undergraduate through to Master's level. These programmes are both academically and clinically rigorous.

They allow the successful student to reach a standard of knowledge and expertise that will lead to professional accreditation as a Psychotherapist. Psychotherapeutic principles are of great benefit in every kind of working environment and employment practice.

## Course Outline

---

### Year One

---

Society, Culture & Mental Health I  
Psychotherapy I  
History of Psychoanalysis  
Psychoanalysis I  
Philosophy I

### Year Two

---

Society, Culture & Mental Health II  
Psychotherapy II  
Clinical Applications I  
Psychoanalysis II  
Philosophy II

### YEAR THREE

---

Psychotherapy III  
Clinical Applications II  
Psychoanalysis III  
Philosophy III  
Book Club  
Thesis

